

# DAILY AFFIRMATIONS

- I am beautiful
- I can do it
- I can work hard
- I am loved
- I belong here
- I'm made for something great
- Today will be a great day
- I am a role model
- I can enjoy today
- I will do well in school/work
- I can be kind to others
- I can be myself
- I can be proud of myself for things I've done